



# The Parashah Cycle

Verse Divisions arranged for Hebrew Scriptures



2022 - 2023 C.E.

#	Hebrew Name	English Name	Torah Reading	Haftarah Readings	Messianic Scripture Readings	Gregorian Date	Creation Calendar Date
1	Bereshit	In the Beginning	Bereshit 1:1-6:8	Yeshayahu 42:5-43-11		22 - Oct, 2022	Day 25 Month 7
2	Noach	Noah	Bereshit 6:9-11:32	Yeshayahu 54:1-55:55		29 - Oct, 2022	Day 2 Month 8
3	Lekh Lekha	Go Out	Bereshit 12:1-17:27	Yeshayahu 40:27-41:16		5 - Nov, 2022	Day 9 Month 8
4	Vayera	And He Appeared	Bereshit 18:1-22:24	2 Melakhim 4:1-37		12 - Nov, 2022	Day 16 Month 8
5	Chayei Sarah	Life of Sarah	Bereshit 23:1-25:18	1 Melakhim 1:1-31		19 - Nov, 2022	Day 23 Month 8
6	Toledot	Generations	Bereshit 25:19-28:9	Malachi 1:1-2:7		26 - Nov, 2022	Day 1 Month 9
7	Va-Yetzei	And He Went Out	Bereshit 28:10-32:3	Hoshea 12:13-14:10		3 - Dec, 2022	Day 8 Month 9
8	Va-Yishlach	And He Sent	Bereshit 32:4-36:43	Hoshea 11:7-12:12 & Ovadyah		10 - Dec, 2022	Day 15 Month 9
9	Va-Yeshev	And He Settled	Bereshit 37:1-40:23	Amos 2:6-3:8		17 - Dec, 2022	Day 22 Month 9
10	Mi-Ketz	At the End Of	Bereshit 41:1-44:17	1 Melakhim 3:15-4:1		24 - Dec, 2022	Day 29 Month 9
11	Va-Yiggash	And He Drew Near	Bereshit 44:18-47:27	Yehezqel 37:15-28		31 - Dec, 2022	Day 7 Month 10
12	Va-Yechi	And He Lived	Bereshit 47:28-50:26	1 Melakhim 2:1-12		7 - Jan, 2023	Day 14 Month 10
13	Shemot	The Names	Shemot 1:1-6:1	Yeshayahu 27:6-28:13, 29:22-23		14 - Jan, 2023	Day 21 Month 10
14	Va-Era	And I Appeared	Shemot 6:2-9:35	Yehezqel 28:25-29:21		21 - Jan, 2023	Day 28 Month 10
15	Bo	Go	Shemot 10:1-13:16	Yirmeyahu 46:13-28		28 - Jan, 2023	Day 5 Month 11
16	Be-Shallach	When He Had Sent	Shemot 13:17-17:16	Shoftim 4:4-5:31		4 - Feb, 2023	Day 12 Month 11
17	Yitro	Jethro	Shemot 18:1-20:23	Yeshayahu 6:1-7:6, 9:5-6		11 - Feb, 2023	Day 19 Month 11
18	Mishpatim	The Judgments	Shemot 21:1-24:18	Yirmeyahu 34:8-22, 33:25-26		18 - Feb, 2023	Day 26 Month 11
19	Terumah	An Offering	Shemot 25:1-27:19	1 Melakhim 5:26-6:13		25 - Feb, 2023	Day 4 Month 12
20	Tetzaveh	You Shall Command	Shemot 27:20-30:10	Yehezqel 43:10-27		4 - Mar, 2023	Day 11 Month 12
21	Ki Tissa	When You Take	Shemot 30:11-34:35	1 Melakhim 18:1-39		11 - Mar, 2023	Day 18 Month 12
22	Va-Yakhel	Gathered Together	Shemot 35:1-38:20	1 Melakhim 7:13-26, 7:40-50		18 - Mar, 2023	Day 25 Month 12
23	Pekudei	The Inventory	Shemot 38:21-40:38	1 Melakhim 7:51-8:21			
24	Va-Yikra	And He Called	Vayikra 1:1-5:26	Yeshayahu 43:21-44:23		25 - Mar, 2023	Day 3 Month 1
25	Tzav	Command	Vayikra 6:1-8:36	Yirmeyahu 7:21-8:3, 9:22-23		1 - Apr, 2023	Day 10 Month 1
26	Shemini	The Eighth	Vayikra 9:1-11:47	2 Shemu'el 6:1-7:17		15 - Apr, 2023	Day 24 Month 1
27	Tazria	Conceived Seed	Vayikra 12:1-13:59	2 Melakhim 4:42-5:19			
28	Metzora	Leper	Vayikra 14:1-15:33	2 Melakhim 7:3-20		22 - Apr, 2023	Day 1 Month 2
29	Acharei Mot	After the Death	Vayikra 16:1-18:30	Yehezqel 22:1-19			
30	Kedoshim	Set Apart	Vayikra 19:1-20:27	Amos 9:7-15 & Yehezqel 20:2-20		29 - Apr, 2023	Day 8 Month 2
31	Emor	Speak	Vayikra 21:1-24:23	Yehezqel 44:15-31		6 - May, 2023	Day 15 Month 2
32	Be-Har	On the Mountain	Vayikra 25:1-26:2	Yirmeyahu 32:6-27			
33	Be-Chukotai	In My Statutes	Vayikra 26:3-27:34	Yirmeyahu 16:19-17:14		13 - May, 2023	Day 22 Month 2
34	Be-Midbar	In the Wilderness	Bemidbar 1:1-4:20	Hoshea 2:1-22		20 - May, 2023	Day 29 Month 2
35	Naso	Take	Bemidbar 4:21-7:89	Shoftim 13:2-25		27 - May, 2023	Day 7 Month 3
36	Beha'alotekha	When You Kindle	Bemidbar 8:1-12:16	Zekaryah 2:14-4:7		3 - Jun, 2023	Day 14 Month 3
37	Shelach	Send	Bemidbar 13:1-15:41	Yahoshua 2:1-24		10 - Jun, 2023	Day 21 Month 3
38	Korach	Korah	Bemidbar 16:1-18:32	1 Shemu'el 11:14-12:22		17 - Jun, 2023	Day 28 Month 3
39	Chukat	The Ordinance Of	Bemidbar 19:1-22:1	Shoftim 11:1-33		24 - Jun, 2023	Day 5 Month 4
40	Balak	Balak	Bemidbar 22:2-25:9	Mikhah 5:6-6:8		1 - Jul, 2023	Day 12 Month 4
41	Pinchas	Phinehas	Bemidbar 25:10-30:1	1 Melakhim 18:46-19:21		8 - Jul, 2023	Day 19 Month 4
42	Mattot	Tribes	Bemidbar 30:2-32:42	Yirmeyahu 1:1-2:3		15 - Jul, 2023	Day 26 Month 4
43	Masei	The Journeys Of	Bemidbar 33:1-36:13	Yirmeyahu 2:4-28, 3:4, 4:1-2		22 - Jul, 2023	Day 4 Month 5
44	Devarim	Words	Devarim 1:1-3:22	Yeshayahu 1:1-27		29 - Jul, 2023	Day 11 Month 5
45	Va-Ethchanan	And I Pleaded	Devarim 3:23-7:11	Yeshayahu 40:1-26		5 - Aug, 2023	Day 18 Month 5
46	Ekev	Reward From	Devarim 7:12-11:25	Yeshayahu 49:14-51:3		12 - Aug, 2023	Day 25 Month 5
47	Re'eh	See!	Devarim 11:26-16:17	Yeshayahu 54:11-55:5		19 - Aug, 2023	Day 2 Month 6
48	Shoftim	Judges	Devarim 16:18-21:9	Yeshayahu 51:12-52:12		26 - Aug, 2023	Day 9 Month 6
49	Ki Teitzei	When You Go Out	Devarim 21:10-25:19	Yeshayahu 54:1-10		2 - Sep, 2023	Day 16 Month 6
50	Ki Tavo	When You Enter	Devarim 26:1-29:8	Yeshayahu 60:1-22		9 - Sep, 2023	Day 23 Month 6
51	Nitzavim	You Are Standing	Devarim 29:9-30:20	Yeshayahu 61:10-63:9		16 - Sep, 2023	Day 30 Month 6
52	Va-Yelech	And He Went	Devarim 31:1-30	Yeshayahu 55:6-56:8		23 - Sep, 2023	Day 7 Month 7
53	Ha'azinu	Give Ear	Devarim 32:1-52	2 Shemu'el 22:1-51		30 - Sep, 2023	Day 14 Month 7
54	Ve-Zot Ha-Berakhah	And This Is The Blessing	Devarim 33:1-34:12	Yahoshua 1:1-18		7 - Oct, 2023	Day 21 Month 7

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